

AARC Workgroup meeting for the AAQoL

Tuesday November 12, 12:00pm-1:30pm

In attendance: Vince Cobalis, Sona Shah, Debasree DasGupta, Shubhada Saxena

**1. Discussion on the AARC Phase II Master plan:**

The PARD had earlier met with some of us and provided a timeline listing work completed so far, the place they are at now and the future steps to be taken. This timeline is included in the Commission agenda backup.

Mr. Fred Fuller has been appointed as PARD Project Manager and will be the liaison between us and the Public Works Project Manager who will hopefully be selected in November.

For the design process will include a selection process for the design engineer. Construction will require going through the time consuming City Permitting process. There will also be further community engagement undertaken specific to the design and appearance of the next construction phase.

Phase II will hopefully be completed by 2025.

**2. The RICE Program:**

Meals on Wheels has shown interest in working with the AARC for the Senior meals program. They are developing a menu to provide Asian meals with a vegetarian option. They also have a nutritionist to help them.

The Seniors would now be able to register on the day of attendance rather than a few days ahead, which was required by the center in order to plan the meals more efficiently. This should save considerable AARC staff time. This plan will be submitted as part of the CAPCOG funding for the PARD Senior Meals program and the AARC program would be part of the overall PARD program. The workgroup wished to meet with Sarah McKenna of Meals on Wheels to ensure that there is sufficient awareness of the cultural diversity in the Seniors who frequent the Center.

**3. Transportation:**

Two staff members, including the Shuttle Driver, have resigned from their jobs. PARD will be helping with the transportation of the Seniors which will be enabled by January. Since CAPCOG is involved with Meals on Wheels, the Seniors would receive transportation services if they fill out CAPCOG transportation applications. This could also support other trips they need to make.

David Crabbe with the PARD is hoping to integrate all Senior Programs to make senior transportation more consistent.

**4. Kitchen Use:**

Those renting the facility continue to use the kitchen. SAIVA would like use the kitchen to do their food prep. work and is working with Bianca towards the necessary permits.

**5. Performance reports: (please see attached)**

Vince requested for a comparison from the previous year.

**6. AARC special projects:**

The Exercise equipment for the Seniors is being installed.

The gardening activities are going along well.

The pedestrian bridge is also set to be started on with completion hopefully in six months.

**7. HR Report:** (not available at this time)

The meeting was adjourned at 1:40 pm.